

The Self-Aware Manager - Your Task

In module 1, you analysed yourself across a number of values.

We'd like you to:

- 1) Individually, carry out the values activity with 3 members of your team.
 - a. You don't need to do the 10, 6, 3 activity.
 - b. Just ask them for their top 5 values that are important to them in work
- 2) Discuss their results in a 1:1 meeting. Ask them to define what each one means to them e.g. what does family happiness mean?
- 3) Also ask if those values are being met at the moment. Discuss their answer.
- 4) As a group, meet up face to face or virtually and have a general chat about the activity. Did you learn anything? Where there any surprises? Are you going to manage them differently?

You'll feedback your findings as part of a group discussion at the start of module 2

And just one more thing!

We'd like you to take 10 minutes out of your busy day to watch at least one clip from the YouTube section and read at least one article from the Articles and Blogs section